



# *The Parent Management Training Institute*

P.O. Box 130, Jaffrey, NH 03452

203-848-7169

[www.parentmanagementtraininginstitute.com](http://www.parentmanagementtraininginstitute.com)

## Certification in Kazdin Method® Parent Management Training

### Asynchronous Training

#### Requirements:

1. Candidate must have a Master's degree or higher in a related field. There have been exceptions. Please contact the Director.
2. Sign and return HIPAA waiver (one will be provided)
3. Purchase and view the Kazdin Method® PMT Training Webinar which can be found on the website under Professional Training – Kazdin Method PMT Training (\$599)
4. Purchase Dr. Kazdin's PMT Manual called, Parent Management Training: Treatment for Oppositional, Aggressive and Antisocial Behavior in Children and Adolescents. The first half of the book is the research behind PMT and the second half of the book is the manual which is needed to complete the training sessions. A link to purchase this book can be found on the website under Professional Training – Certification in Kazdin Method PMT.
5. View 20+ prerecorded Certification Training Modules. (\$2000)

#### Training Modules consist of:

- a. Modeling - The Trainer demonstrates and educates the trainees on enacting various PMT skills as a therapist while role-playing interactions with parents during the session. This underscores the significance of employing PMT skills such as prompting and praising to elicit behavioral changes in parents and enhance their effective implementation with the child.
- b. Observation - The Trainees conduct each PMT session with the Trainer, who assumes the role of a parent. Using the manual and role-playing PMT skills, the Trainees employ these techniques to enhance the "parent's" correct usage of the newfound skill.

- c. Charting - The Trainees are tasked with charting an array of challenging behaviors on charts corresponding to both younger and older children.
  - d. Addressing Complex Questions - The Trainees respond to typical yet demanding questions while adhering to behavior modification principles.
  - e. Managing Challenging Behavior - The Trainees discuss best practices when dealing with very demanding behaviors exhibited by both children and parents.
  - f. Cultivating Creativity – Trainees are taught various ways to generate diverse methods to elicit positive behavior.
  - g. Confidence Cultivation - The Trainer consistently challenges the Trainees, fostering confidence in handling intricate scenarios.
  - h. Case Supervision - In-depth discussions of PMTI cases.
6. Audio or Video Submission (Optional) - Encouraged but not obligatory, submission of audio or video clips of client sessions for review is recommended.
  7. The Trainee will meet with a Certified Trainer 4 times, virtually. (\$800) These will be scheduled after completing certain modules as instructed by the Trainer. These sessions are an important part of the certification process to ensure understanding of the skills taught and to answer any questions about material presented or current cases.
  8. Take Home Certification Exam (\$349).  
A passing grade of 70% is required for Certification. A failing grade will require the student to meet with a Certified Trainer for one session (\$200) to review and discuss before retaking the exam. (\$149 to retake the exam)
  9. To maintain certification 6 supervision sessions (\$200 each) with a Certified Kazdin Trainer are required within 2 years of passing the exam.

\*Parent is meant to include grandparents, foster care parents, relatives or anyone else currently in charge of the care and well-being of the child.

I agree to the above terms and wish to become certified in Kazdin Parent Management Training.

Signed Name: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Email: \_\_\_\_\_

Date: \_\_\_\_\_