



Certification in Kazdin Method® PMT

Home Study/Asynchronous Training

Requirements:

- Candidate must have a Master's degree or higher in a related field. There have been exceptions. Please contact the Director.
- Sign and return HIPAA waiver (one will be provided).
- Participate in either the Kazdin PMT Pre-recorded Training Webinar w/Live Virtual Instruction or in the Kazdin PMT Live Virtual Group Training Webinar. (Cost is available on the website)
- Purchase the Parent Management Training: Treatment for Oppositional, Aggressive and Antisocial Behavior in Children and Adolescents by Alan E. Kazdin. The first half of the book is the research behind PMT and the second half of the book is the manual which is needed to complete the training sessions.
- View prerecorded Certification Training Modules and meet four times with a Certified Specialist as required. (\$2800)

Training Modules consist of:

- a. Modeling: The trainer will demonstrate and guide the trainee in role-playing various PMT skills. This will emphasize the use of PMT techniques, such as prompting and praising, to help parents adopt new strategies and apply them effectively with their child.*
- b. Observation - The Trainees conduct each PMT session with the Trainer, who assumes the role of a parent. Using the manual and role-playing PMT skills, the Trainees employ these techniques to enhance the "parent's" correct usage of the newfound skill.*
- c. Charting - The Trainees are tasked with charting an array of challenging behaviors on charts corresponding to both younger and older children.*
- d. Challenging Questions: The trainee will be asked to respond to typical but challenging questions, while adhering to behavior modification principles.*
- e. Managing Challenging Behavior - The Trainees discuss best practices when dealing with very demanding behaviors exhibited by both children and parents*



- f. *Cultivating Creativity: The trainee will work on quickly generating creative strategies to promote positive behavior.*
 - g. *Building Confidence: The trainer will continuously challenge the trainee to ensure they gain confidence in handling complex situations.*
 - h. *Case Supervision: Active cases will be discussed, and trainees are encouraged to apply the program with at least one case during the certification process.*
 - i. *Submission of Audio/Video Sessions: While not required, trainees are strongly encouraged to submit audio or video recordings of client sessions for review.*
- Listen to audio recordings of PMT sessions, provided.
 - Certification Exam (\$349).
 - This is a take home exam and will consist of a written section, essay section, and charts.
 - A passing grade of 70% is required for Certification. A failing grade will require the student to meet with a Certified Trainer for one session (\$250) to review and discuss before retaking the exam. (\$199 to retake the exam)

*Parent is meant to include grandparents, foster care parents, relatives or anyone else currently in charge of the care and well-being of the child.

I agree to the above terms and wish to become certified in Kazdin Method® Parent Management Training.

Signed Name: _____

Printed Name: _____

Email: _____

Date: _____