



# *The Parent Management Training Institute*

P.O. Box 130, Jaffrey, NH 03452

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[www.parentmanagementtraininginstitute.com](http://www.parentmanagementtraininginstitute.com)

## Certification in Kazdin Method® Parent Management Training

### Live Virtual Training

#### Requirements:

1. Candidate must hold a Master's degree or higher in a related field. Bachelor's degrees may be considered; kindly reach out to the Director for clarification.
2. Purchase and view the Kazdin Method® PMT Training Webinar, which can be found on our website under Professional Training - Kazdin Method PMT Training.
3. Purchase and study Dr. Alan Kazdin's PMT manual. The book is called, "Parent Management Training: Treatment for Oppositional, Aggressive, and Antisocial Behavior in Children and Adolescents". The book encompasses research insights in its initial section, followed by a manual crucial for the certification process. A link is provided on the website under Professional Training - Certification in Kazdin PMT.
4. Engagement in Individual Training Sessions with a Certified Trainer. Typically comprising approximately 20 sessions, additional sessions may be recommended by the Trainer as deemed necessary. Each session, at a cost of \$200, encompasses the following components:
  - a. Modeling - The Trainer will adeptly demonstrate and educate the trainee on enacting various PMT skills as a therapist while role-playing interactions with parents during the session. This underscores the significance of employing PMT skills such as prompting and praising to elicit behavioral changes in parents and enhance their effective implementation with the child.
  - b. Observation - The Trainee will conduct each session with the Trainer, who will assume the role of a parent. Using the manual and role-playing PMT skills, the Trainee will employ these techniques to enhance the "parent's" correct usage of the newfound skill.

c. Charting - The Trainee will be tasked with charting an array of challenging behaviors on charts corresponding to both younger and older children.

d. Addressing Complex Queries - The Trainee will be expected to respond to typical yet demanding questions while adhering to behavior modification principles.

e. Managing Challenging Behavior - The Trainee will navigate highly demanding behaviors exhibited by both children and parents.

f. Cultivating Creativity - Efforts will be directed toward swiftly generating diverse methods to elicit positive behavior.

g. Confidence Cultivation - The Trainer will consistently challenge the Trainee, fostering confidence in handling intricate scenarios.

h. Case Supervision - In-depth discussions of PMTI cases. Trainee cases will also be discussed needed which may lead to an additional number of Individual Training Sessions.

i. Audio or Video Submission (Optional) - Encouraged but not obligatory, submission of audio or video clips of client sessions for review is recommended.

#### 5. Certification Exam (\$249).

Successful completion with a minimum score of 70% is requisite for Certification. In instances of a non-passing grade, a consultation session with a Certified Trainer is mandatory before reattempting the exam (\$200 for the consultation, \$99 for reattempting the exam).

#### 6. Supervision Sessions (\$200 per session).

Maintenance of certification necessitates participation in six supervision sessions within a year of achieving certification.

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I hereby acknowledge my agreement to the aforementioned terms and express my intent to attain certification in Kazdin Method Parent Management Training.

Name: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_